Positive Body Image - CD



Product Code: CD-PBI **Availability:** In Stock

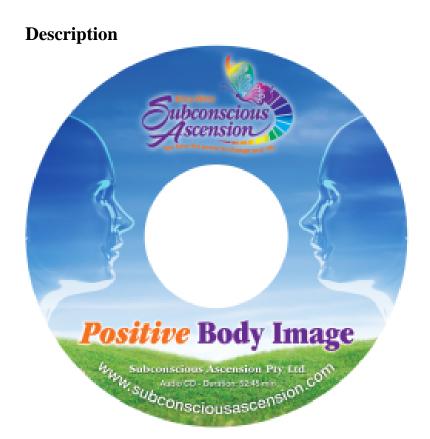
Weight: 0.00kg

Dimensions: 0.00cm x 0.00cm x 0.00cm

Price: AUD \$50.00

Short Description

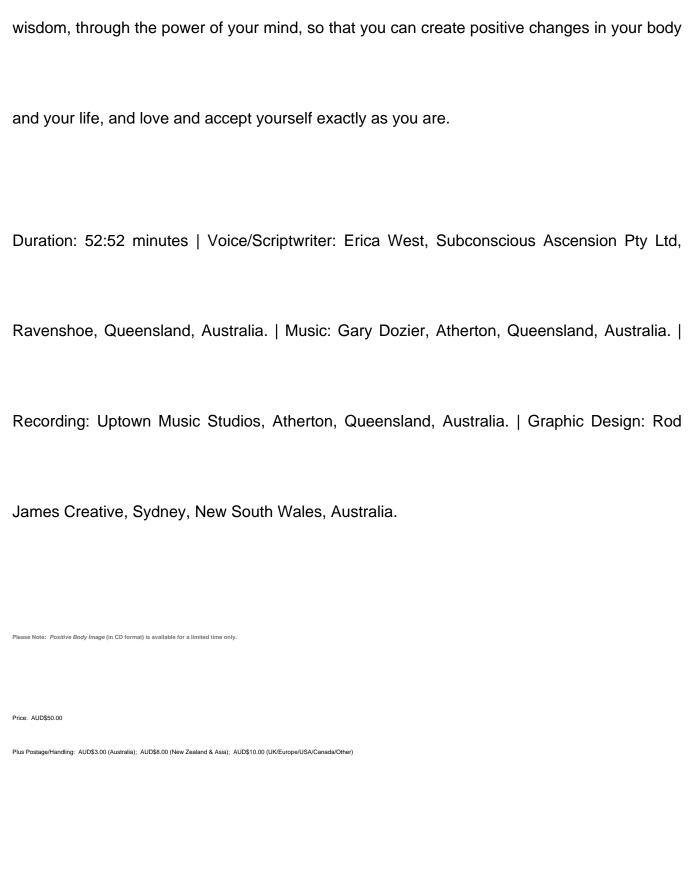
The Positive Body Image recording stimulates the power of your mind to create positive changes in your body and your life, and encourages you to love and accept yourself exactly as you are.



The Positive Body Image recording

suggestions for transforming beliefs, in order to allow you to be more positive about your body and your life.

The *Positive Body Image* recording is best played as you go to bed. It does not matter if you drift off and/or sleep (your subconscious mind is always aware and can absorb all of the information). Best results are attained when you listen to the *Positive Body Image* recording for a period of thirty (30) days in a row, or longer if you wish, until you achieve your desired outcome. The intention for the *Positive Body Image* recording is for you to access your inner



Product Gallery

